



Kristopher F. Lay

February 6, 1970 - December 6, 2024

Kris Lay

February 6, 1970 - December 6, 2024

Dr. Kristopher (Kris) Frank Lay, 54, of Birmingham, Alabama, passed away at home on December 6, 2024, surrounded by his family following a courageous battle against brain cancer.

Kris was born on February 6, 1970, in Dothan, Alabama, to Frank and Nancy Lay.

He grew up in Pace, Florida, where he enjoyed playing football, basketball, and running track.

He was the oldest of four children and loved his family deeply. It was during his childhood that

he made the decision to follow Christ and Jesus became first in Kris' life. He graduated

valedictorian from Pace High School and attended the University of Florida on an academic

scholarship where he received two degrees: a Bachelor of Science degree in Psychology and a

Bachelor of Health Science degree in Physical Therapy. Kris played football as a walk-on for the

University of Florida Gators as a defensive back for two years and was part of the 1991 SEC

Championship team. During his time at the university, he and a friend started the UF Fellowship of Christian Athletes.

It was at the UF Fellowship of Christian Athletes that Kris met his future wife of 30 years,

Simone Allen, and they married the following year in 1994. In 1997 Kris went back to school in

Mobile, Alabama, and earned his Doctor of Medicine degree from the University of South

Alabama. Their first child, Emery, was born in his senior year of medical school and following

graduation the family moved to Birmingham, Alabama, for Kris' residency in Otolaryngology at

the University of Alabama in Birmingham. During his last year of residency, their son, Asa, was

born and following residency the family moved to Valdosta, Georgia, where Kris practiced

medicine for 7 years. Aubrie, their youngest daughter, was born a year after moving to Georgia.

In 2013, Kris and Simone moved their family of five back to Birmingham where Kris practiced

medicine until he became ill.

Kris knew the value of discipline. He consistently woke up early each day to grind his own

coffee beans and spend time with God reading the Bible and praying. He loved theology and

teaching others about God's word and promises. One year he led a group of senior high school

boys through a systemic study of Bible doctrine. Kris went on mission trips

abroad and stateside,
but felt his first mission was to his family and then serving others through the
practice of
medicine. He loved the quote by Ambrose Pare, "I treated him and God cured
him".

He was a lifetime athlete who loved the gift of movement. Kris was always
reading and passed
his love of literature on to his children. Humility, peace, and a servant's heart
marked his

character. For as strong as he was physically, he was even more gentle in
spirit. Kris would

always tell our family to "leave it all out on the field" and he did just that.

Kris is survived by his wife Simone Lay; his children, Emery (Weston) Akin,
Asa Lay, and

Aubrie Lay; his father and mother, Frank and Nancy Lay of Pace, FL; his
sisters Kace (Brent)

Browning and Kara (Steve) Clark; and his brother Klint (Lindsey) Lay.

In lieu of flowers, the family requests memorials be made in memory of Kris:

Neuro-Oncology Research Fund

UAB Neuro-Oncology Program

510 20th St. South

FOT 1020

Birmingham, AL 35294

Attn: Shirley Gibbs

Or

Neverthirst

1111 Edenton St.

Birmingham, AL 3524

Previous Events

A Time of Remembrance for Friends and Family

JAN 4. 2:00 PM - 3:00 PM (CT)

The Church at Brook Hills
3145 Brook Highland Highway
Birmingham, AL 35242

A Celebration of Life

JAN 4. 3:00 PM (CT)

The Church at Brook Hills
3145 Brook Highland Highway
Birmingham, AL 35242

Tribute Wall

TD

“ I met Dr. Lay in Tifton/Valdosta Georgia around 2011 when he did a procedure on my daughter’s ear. He was such a nice and professional doctor. The day that my daughter had the procedure, Dr. Lay called that night to check on her. I was blown away! That made me highly respect him.

When I found out he had moved away I was very disappointed. I’m so sorry to hear of his passing. I’m almost in tears. A great person gone too soon. But I know God has Dr. Lay in his hands now. My deepest condolences to his family. And just know that made a lasting impression on me and my daughter.

Theresa Davis
Fitzgerald, GA

Theresa Davis - February 02 at 05:18 PM

DF

“ Doug and Dana Sullenberger and family. purchased the Ocean Breeze Spray for the family of Kristopher F. Lay.



Doug and Dana Sullenberger and family. - January 03, 2025 at 02:37 PM

DF

“ Doug and Dana Sullenberger and family. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kristopher F. Lay.

Doug and Dana Sullenberger and family. - January 03, 2025 at 02:37 PM

DS

“ Drs. Ray and Beth Summerlin purchased the Emerald Garden Basket for the family of Kristopher F. Lay.



Drs. Ray and Beth Summerlin - January 02, 2025 at 11:45 AM

DS

“ Drs. Ray and Beth Summerlin planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kristopher F. Lay.

Drs. Ray and Beth Summerlin - January 02, 2025 at 11:45 AM

VF

“ Valdosta Bible Study Sisters Forever purchased the Magnificent Life Spray for the family of Kristopher F. Lay.



Valdosta Bible Study Sisters Forever - January 02, 2025 at 11:40 AM

TP

“ Tonya and Justin Pitts purchased the Beautiful in Blue for the family of Kristopher F. Lay.



Tonya and Justin Pitts - January 01, 2025 at 04:35 PM

TP

“ Tonya and Justin Pitts planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Kristopher F. Lay.

Tonya and Justin Pitts - January 01, 2025 at 04:35 PM



“ Sentiments of Serenity Spray was purchased for the family of Kristopher F. Lay.



December 30, 2024 at 02:27 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Kristopher F. Lay.

December 30, 2024 at 02:27 PM



“ Kris and I met in high school. We started as rivals, Pace Patriot vs. Milton Panther. We then became friends and teammates at the University of Florida. We became so close that he eventually was a groomsman in my wedding.

Speaking of UF, Coach Spurrier didn't take walk-ons. Kris and I went into the football offices every day until they let us walk-on. Only 5 people made it. We were two of them.

Kris was an incredibly talented athlete. He was humble, kind, god-fearing, and an inspiring leader.

Patriot, Gator, friend, husband, father, and doctor. I will always hold his memory in my heart.

December 18, 2024 at 09:12 AM



This is from Steve Dee.

December 18, 2024 at 09:13 AM



“ Kris and I met in high school. We started as rivals, Pace Patriot vs. Milton Panther. We then became friends and teammates at the University of Florida. We became so close that he eventually was a groomsman in my wedding.

Speaking of UF, Coach Spurrier didn't take walk-ons. Kris and I went into the football offices every day until they let us walk-on. Only 5 people made it. We were two of them.

Kris was an incredibly talented athlete. He was humble, kind, god-fearing, and an inspiring leader.

Patriot, Gator, friend, husband, father, and doctor. I will always hold his memory in my heart.

December 18, 2024 at 09:12 AM